

CENTRAL ARKANSAS HOMELESS SUPPORT GUIDE



SHELTERS	SPECIAL REQUIREMENTS	SPECIAL REQUIREMENTS											ADDRESS	CONTACT INFORMATION
		MEN	WOMEN	YOUTH	VETERANS	REENTRY	RECOVERY	DOMESTIC VIOLENCE	DAY SHELTER	EMERGENCY	LONG TERM			
Abba House	Women and girls or boys up to the age of 5		●	●								●	1014 S Oak St	501-666-9718
Compassion Center	Beds are first come, first served; must be physically and mentally able	●	●	●	●			●	●			●	Women: 4210 Asher Ave Men: 3618 W Roosevelt Rd	501-296-9114 lrcompassioncenter.org
Family Promise <small>(under construction, call for updates)</small>	Serving households with minors; recovery with a negative drug test	●	●	●	●			●	●				222 E 8th St	501-372-0733 familypromisepc.org
Gaines House	Must have a mental health diagnosis or physical disability		●		●			●	●			●	1702 Gaines St	501-376-7922 thegaineshouse.org
GYST House, Inc.	Chemical free; self pay fees	●	●		●			●				●	8101 Frenchmans Ln	501-568-1682 gysthouseinc.com
Immerse Arkansas	Serves youth 18 - 24 who work or are in school; youth 14+ can use day center	●	●	●				●	●			●	5300 Asher Ave	501-404-9890 immersearkansas.org
Lucie's Place Drop In Center	Essential services fo LGBTQ+ ages 18 - 25											●	307 W 7th St; Mon - Fri, 11a - 5p	501-508-5005 luciesplace.org
Our House	Must be willing and able to work; Career Center open to community	●	●	●	●	●	●	●	●			●	302 E Roosevelt Rd	501-291-0584 ourhouseshelter.org
Salvation Army	Shelter for women & families; community meals available		●	●				●				●	1111 W Markham St	501-374-9296 southernusa.salvationarmy.org/central-arkansas/
St. Francis House	For veterans; long-term available	●	●	●	●	●	●	●				●	2701 S Elm Street	501-664-5036 stfranchishouselr.org
Women & Children First	Can work with fathers and their children as well	●	●	●	●	●		●				●	Call for more information wcfarkansas.org	Office: 501-376-3219 Victims: 800-332-4443
Substance Abuse & Mental Health		Homeless Outreach				Homeless Support				Day Centers				
The Centers 501-664-4308 thecentersar.com		The Van 501-955-3444 Support for homeless camps & the unsheltered				People Trust 501-404-4857 peopletrustloans.org Emergency housing assistance				Jericho Way 501-916-9859 3000 Springer Blvd Mon - Fri, 7:30a - 2:30p				
Harbor House Inc. 479-785-4083 harborhouse.inc		Canvas Community 501-351-1531 1111 W 7th St Faith based org serving people in need				River City Ministry 501-376-6694 rivercityministry.org 1021 E Washington Ave				Our House Career Center 501-291-0584 302 E Roosevelt Mon/Wed/Th 8a - 4:30p, Tues 8a - 7p, Fri 8a - 12p				
Recovery Centers of AR 501-372-4611 rcofa.org										VA Day Treatment Center 501-244-1900 1000 S Main St Mon - Fri, 7:30a - 2p				
Wolfe Street Foundation 501-372-5662 wolfestreet.org										River City Ministry 501-376-6694 1021 E Washington Ave Mon - Fri, 8a - 2:30p				
Additional Resources														
Our House Stability Program Reentry Program 501-291-0584 302 E Roosevelt Rd (Our House) The Stability Program serves homeless & near-homeless families with children in the household for a year commitment The Reentry Program provides services to individuals with barriers from criminal involvement		Better Community Development 501-663-7223 3604 W 12th St Programs and substance abuse treatment for low income and at-risk individuals				Arkansas Food Bank 501-565-8121 arkansasfoodbank.org Distribution center, call for more information Mon - Fri, 8a - 5p				Goodwill Industries of AR 501-372-5100 goodwillar.org 7400 Scott Hamilton Dr Adult education, job training, and employment				
Partners Against Human Trafficking (PATH) 501-529-7639 Victims call 501-519-5595 Day center, emergency transport, and referrals for aged 18+ rescued victims/survivors of sex trafficking, sexual assault, and prostitution														
Union Rescue Mission 501-374-4022 Dorcas House (women): 823 S Park St Nehemiah House (men): 2921 Springer Blvd Faith based organization with 6 - 12 month domestic violence and recovery programs		Free Will Baptist Ministries 501-663-3129 3600 W 11th St Serving ages 13 - 17 in the custody of DHS/DCFS				Potluck Food Rescue 501-371-0303 potluckfoodrescue.org 621 W Broadway St Saving good food from being wasted				Safe Harbor 501-374-5399 4800 Springer Blvd Recovery support, housing, job placement, and education				
Every effort is made to ensure accuracy to this guide. Please visit ourhouseshelter.org/resources for more information. Updated August 2024														

PROVIDER	ACCEPTED INSURANCE	ADULTS	YOUTH	CHILDREN	INPATIENT	OUTPATIENT	DAY TREATMENT	RESIDENTIAL	SCHOOL BASED	ADMISSIONS	ADDITIONAL INFORMATION	CONTACT INFORMATION
Arkansas State Hospital 305 S Palm St	Most insurance, Medicare, Medicaid	●	●	●	●			●		Referral from a Community Mental Health Center	State-operated Inpatient Hospital; Residential for ages 18-20	501-686-9000 (main)
Baptist Health Behavioral Clinic 11321 Mabelvale West #304	Most insurance, no Medicaid	●				●				Call to schedule; additional NLR location	Comprehensive counseling services	501-487-6010 (main)
Behavioral Health Services of AR 10 Corporate Hill Dr #330	Most insurance & Medicaid	●	●	●		●		●	●	Complete online forms at bhsarkansas.org	Formerly Youth Home; residential is for youth only	501-954-7470 (main) 501-413-9949 (emergency)
Centers for Youth & Families 1521 Merrill Dr Suite D200	Most insurance & Medicaid	●				●	●			Outpatient Counseling Center w/ same day access	Can work with clients who do not have insurance	501-664-4308 (main) 888-868-0023 (toll-free)
Centers for Youth & Families 6601 W 12th St	Most insurance & Medicaid		●	●		●	●	●		Call for admissions	Day treatment available	501-664-4308 (main) 888-868-0023 (toll-free)
Chenal Family Therapy of LR 10311 W Markham	Medicare, Medicaid, Most insurance	●	●	●		●				ID, SS Card, insurance card, proof of income required	Medicaid accepted at NLR location (2504 McCain Blvd #200)	501-781-2230 (main)
CHI St. Vincent Behavioral Health 2 St. Vincent Cir	Most insurance, Medicare, Medicaid	●			●					Visit hospital or local emergency room for screening	Outpatient currently closed	501-552-5777 (inpatient)
Families, Inc. of Jacksonville 2126 N 1st St Suite F, Jacksonville	Medicaid & Private	●	●	●		●			●	Must be referred by Primary Care Physician or school	Outpatient program	501-982-5000 (main) 877-595-8869 (toll-free)
Inspiration Day Treatment 11700 Kanis Rd #2	Medicare or Medicaid only	●					●			Medicare & Medicaid users must provide card	Day & evening treatment programs available	501-221-1941 (main)
JCCSI: Open Hands Clinic 3000 Springer Blvd Suite B	Most insurance, Medicare, Medicaid	●				●				Healthcare for the Homeless	Additional locations on University and in NLR	501-244-2121 (main) 870-543-2380
Life Strategies Counseling Inc. 1719 Merrill Dr	Most insurance, Medicare, Medicaid	●	●	●		●			●	Call 866-972-1268 for an appointment	Emergency services available 24/7 at 855-295-1127	501-663-2199 (main)
Living Hope Southwest 10025 Markham St #210	Medicare, Medicaid, Private Insurance	●	●	●		●			●	Call 501-663-5473 for an appointment	Crisis line available	501-663-5473 (main) 866-544-5473 (24/7)
Methodist Family Health 1600 Aldersgate Rd #200	Most insurance, Medicaid, ARKids	●	●	●	●	●		●	●	Call 501-803-3388 for an appointment	Day treatment schools for children	501-661-0720 (main) 866-813-3388 (toll-free)
Professional Counseling Assoc. 4354 Stockton Dr, NLR	Medicare, Medicaid, Sliding Fee	●				●				Call for admissions; at-risk youth program available	Emergency services and satellite offices available	501-955-7600 (main) 800-356-3035 (crisis)
Pulaski Co. Crisis Stabilization 3001 W Roosevelt Rd	N/A	●			●					Call 501-340-6646 for admissions	Alternative to law enforcement. Must volunteer for treatment.	501-340-6646 (main)
Rivendell Behavioral Health 100 Rivendell Dr, Benton	Most private insurance & Medicare	●	●	●	●	●				Referrals from individual, family, or professional	Free assessments offered 24/7	501-316-1255 (main) 800-264-5640 (toll free)
The Bridgeway 21 Bridgeway Rd, NLR	Most insurance, Medicare, ARKids	●	●	●	●	●		●		No cost assessments on site or mobile 24/7	Offers senior care, partial hospitalization, and ECT	501-771-1500 (main) 888-245-2651 (crisis line)
Pinnacle Pointe 11501 Financial Center Pwky	All insurance	●	●	●	●	●	●	●	●	Assessment before admission into the program	Outpatient services at 400 Hardin Rd #150	501-223-3322 (main) 800-800-3322 (toll-free)
UAMS Psychiatric Research 4224 Shuffield Dr	Most insurance, Medicare, Medicaid	●	●	●	●	●			●	More info on next page	More info on next page	501-526-8100 (main)
Woodland International Research 910 Autumn Rd	N/A	●	●	●	●					Call to enroll in study	Paid psych research studies; free transportation if needed	501-221-8681 (main)

PROVIDER	CONTACT INFORMATION	OUR HOUSE RESOURCES
Suicide Prevention, Crisis Lines & Support Groups		
National Emergency Number:	Please dial 911 if you are in immediate danger Suicide prevention, crisis lines, and support groups	<p style="text-align: center;">AVAILABLE CLASSES</p> <p>Our House has a rotating monthly schedule of classes that are offered pertaining to mental health, wellness, job training, recovery, and more.</p> <p>View a schedule of our current classes at ourhouseshelter.org/careercentercalendar</p>
Crisis Text Line:	Text HOME to 741741 for free, 24/7 support Serves anyone, in any type of crisis	
National Suicide Prevention	Provides 24/7, free, confidential support for people in distress & prevention resources Call 988 (English and en Espanol) For Deaf & Hard of Hearing, visit 988lifeline.org	
P.A.T.H. Human Trafficking Crisis Helpline:	Call 501-301-4357 or 1-888-373-7888	
National Alliance on Mental Illness (NAMI):	Visit namiarkansas.org for more information about support groups in Little Rock 800-844-0381	
LGBTQ+ Support		
Trans Lifeline:	Call 877-565-8860 24/7 service run by trans people for trans & questioning callers	<p style="text-align: center;">CONTACT INFORMATION</p> <p style="text-align: center;">302 E Roosevelt Rd, LR, AR 72206</p> <p>To learn more and enroll, attend a Career Center orientation by calling (501) 291-0584</p>
InTRANSitive:	Educates and celebrates the Trans Community in Arkansas @intransitive.AR on Facebook or intransitive.org	
Lucie's Place:	307 W 7th St, Little Rock, AR 72201 501-508-5005 Arkansas' only LGBTQ+ specific shelter Drop in center available	
AR Transgender Equality Coalition (ARTEC):	Resources for transgender and gender non-conforming persons Visit itgetsbetter.org	
The Trevor Project:	Crisis intervention & suicide prevention for LGBTQ+ youth Call 866-488-7386 for the 24/7 Trevor Lifeline Chat online at thetrevorproject.org or text START to 678678 (Mon - Fri, 2 - 9p)	
UAMS Psychiatric Research Institute		
STRIVE:	School based program providing therapy & medication management Call 501-771-8261 for an appt.	
Child Diagnostic Unit:	The only inpatient program in the state that offers psychological, medical, psychiatric, language, life skills, and motor assessment for children (ages 2 - 12) Call 501-526-8502 for more information	
Walker Family Clinic:	Adult psychiatric evaluation, medication management, neuropsychological testing, as well as psychotherapy for individuals and families Call 501-526-8200 to schedule an appointment	
5 North:	Inpatient unit for female patients Staff available 24/7 Services include expanded visitation, accommodation for new mothers, and holistic healing Call 501-526-8100 for more information	
Child Study Center (Arkansas Children's Hospital):	Outpatient program providing consultation, assessment, and management for those with psychiatric conditions Call 501-364-5150 for more information	
Support for Military Personnel & Veterans		
Veterans Day Treatment Center:	1000 S Main St, Little Rock, AR 72202 Call 501-244-1900 or 501-257-4499 for more information	<p>This guide is meant to provide information for low-income and under-insured individuals about mental health resources in the Little Rock metropolitan area. Every effort is made to ensure accuracy, but this information may change. For more information or to request changes, visit ourhouseshelter.org/resources. Please visit findtreatment.samhsa.gov for a directory of mental health resources nationwide.</p>
Veterans Crisis Line:	Call 988 and press 1 or text 838255 24/7 help for veterans in crisis	
CAVHS Eugene J. Towbin Healthcare Center:	2200 Ft. Roots Dr, NLR, AR 72114 501-257-1000 Services offered include acute inpatient, dual diagnosis, serious MH illness and geri-psych, MH intensive case management, primary care MH integration, PTSD clinical team, military sexual trauma recovery, MH residential rehab Visit maketheconnection.net/resources/#va-resources to find more VA resources	
CAVHS John L. McClellan VA Medical Center:	4300 W 7th St, LR, AR 72205 501-257-1000 Services offered include women's veteran program, evaluations and referrals for mental health issues, post deployment adjustment, anger management, sexual trauma, elder abuse, parenting issues, family stressors, care coordination	
		Updated August 2024

PROVIDER	ACCEPTED INSURANCE							ADMISSIONS	ADDITIONAL INFORMATION	CONTACT INFORMATION
		MEN	WOMEN	YOUTH	RESIDENTIAL	INPATIENT	OUTPATIENT			
Baptist Health Recover 9501 Baptist Health Dr	Most insurance, Medicare, Medicaid	●	●			●	●	Free assessment, bring photo ID & insurance card	Detox from opiate, benzodiazepine, alcohol; \$5,500 if out of pocket	501-202-7006 (main)
BCD: Hoover Treatment Center 3604 W 12th St	Ambetter; BCBS; Payment plans available	●	●		●	●	●	Apply at: bcdinc.org	8-week outpatient: \$1,600 30-day residential: \$3,500	501-663-4774 (main)
Behavioral Health Group 4260 Stockton Dr Ste A, NLR	All insurance; sliding scale for self pay	●	●				●	Schedule a consult at: bhgrecovery.com/inquiry-form/	Outpatient opioid treatment; \$90/wk if no insurance, \$300 first visit	501-916-9129 (main)
Behavioral Health Services of AR 10 Corporate Hill Dr #330	Most insurances; Sliding scale			●			●	Call for admissions	ID required	501-954-7470 (main)
Family Service Agency 628 W Broadway St #300, NLR	Self-pay, Medicaid	●	●	●			●	Call for admissions; provides services to youth and adults	ID required	501-372-4242 (main)
Gyst House 8101 Frenchmans Ln	Cash or check	●	●		●	●	●	Call for admissions	Outpatient services available	501-568-1682 (main)
Harbor House 3700 W 65th St	Most insurance	●	●		●	●	●	Call Mon - Fri, 8a - 5p to speak with admissions	Services for pregnant women	479-785-4083 (main) 855-631-4648 (toll-free)
Life Forward Counseling 218 N McKinley St	Most insurance, Self-pay	●	●	●			●	Call or drop by to schedule an appointment	Self pay rates vary, some pro-bono services are offered	501-747-2300 (main)
Methodist Family Health: AR Cares 2002 S Filmore St	Most insurance, Medicaid, ARKids		●		●			Call 501-803-3388 for admissions	Program for pregnant women, moms with kids	501-661-0720 (main)
Natural State Recovery Centers 10025 Oakland Dr, North Little Rock	Most insurance, Ambetter, BCBS	●	●		●	●	●	Apply online at naturalstaterecovery.com	ID required; Outpatient at 924 Main St	501-319-7074 (main)
Oasis Renewal Center 14913 Cooper Orbit Rd	Most insurance	●	●		●	●	●	Apply online at: oasisrenewalcenter.com	ID required	501-376-2747 (main)
Quality Living Center 3925 Asher Ave	Ambetter, BCBS, private, self-pay	●	●		●			Take a prescreen at: qualitylivingcentertreatment.net	Transitional living option; payment assistance available	501-663-3490 (main)
RCA - Riverbend 1201 River Rd, North Little Rock	Private pay & payment plans	●	●		●			Apply online at rcofa.org	ID required; discount on service fees with proof of income	501-372-4611 (main)
RCA - Williamsburg 6301 Father Tribou St	None; state funded or self pay	●					●	Apply online at rcofa.org; \$150 - \$170/week all inclusive	Outpatient program and chem free transitional housing	501-372-4611 (main)
Rivendell Behavioral Health 100 Rivendell Dr, Benton	Most insurance, Medicare, TRICARE	●	●	●	●	●	●	For 24/7 assessments, call 888-581-5091	Adult dual diagnosis program	501-316-1255 (main)
Serenity Park 2711 W Roosevelt Rd	Most insurance	●			●	●		Call or apply online at serenityparkrecovery.com	Medically assisted detox, residential rehab available	501-313-0066 (main)
The Bridgeway 21 Bridgeway Rd, North Little Rock	Most insurance, TRICARE	●	●			●	●	Call for admissions; 24/7 assessments offered	Medical detox available; partial hospitalization program	501-771-1500 (main) 800-245-0011 (toll-free)
The Haven Arkansas 5201 Stagecoach Rd	Most insurance, TRICARE	●	●		●	●		Call to complete pre-admission screening & verify insurance	28-day residential detox; new outpatient program; ID preferred	501-271-3342 (main)
UAMS Center for Addiction 4224 Shuffield Dr	Medicare, Medicaid, most insurance	●	●			●	●	Call for admissions	Methadone - Medicare/Medicaid only; Suboxone - most insurance	501-526-8100 (main) 501-526-8400 (clinic)
Union Rescue Mission 823 S Park St 2921 Springer Blvd	\$75 - \$80 initial entrance fee	●	●		●	●	●	Dorcas House (women) - Park Nehemiah House (men) - Springer	9 - 12 month drug & alcohol program, no narcotics	501-374-4022 (main)

PROVIDER	CONTACT INFORMATION	OUR HOUSE RESOURCES
<h2>12 Step Recovery Support Groups</h2>		
Alcoholics Anonymous Central Office:	7509 Cantrell Rd #106, Little Rock, AR 72207 Call 501-664-7303 (hotline) or 501-664-6042 (business) for 24/7 assistance or visit arkansascentraloffice.org	<p style="text-align: center;">AVAILABLE CLASSES</p> <p>Our House has a rotating monthly schedule of classes that are offered pertaining to mental health, wellness, job training, recovery, and more.</p> <p>View a schedule of our current classes at ourhouseshelter.org/careercentercalendar</p> <p style="text-align: center;">CONTACT INFORMATION</p> <p style="text-align: center;">302 E Roosevelt Rd, LR, AR 72206</p> <p>To learn more and enroll, attend a Career Center orientation by calling (501) 291-0584</p>
AIAnon & Alateen	Visit arkansasalanon.org or 1-888-425-2666 to find a meeting for youth and friends/family	
Celebrate Recovery at Metro Worship Center:	2914 S Cumberland St, Little Rock, AR 72206 Call 501-951-1333 or metroworshipcenter.com	
Cocaine Anonymous:	3921 Asher Ave, Little Rock, AR 72205 Call 501-301-4827 or caarkansas.org for more information	
Friends of Recovery Foundation, Inc:	1305 W Markham St, Little Rock, AR 72201 Call 501-703-6470 for assistance or visit recoverycentral.info to find a meeting	
The Kelly Foundation:	2500 Broadway St, Little Rock, AR 72204 Call 501-663-6553 for more information	
Wolfe Street Foundation:	1015 S Louisiana St, Little Rock, AR 72202 Call 501-372-5662 or wolfestreet.org/meetings	
<h2>Harm Reduction & Chem Free Housing</h2>		
Central Arkansas Harm Reduction Project:	8619 Chicot Rd Serves people who use drugs & people who are sex workers Provides free Narcan, condoms, fentanyl test strips, 1-minute HIV tests Call or text 501-438-9158	
RCA - The Cottage at Sibley Hole:	9219 Sibley Hole Rd, LR, AR 72209 Call 501-372-4611 Costs \$125/week Women only	
RCA - Williamsburg:	6301 Father Tribou St, LR, AR 72205 501-372-4611 Costs \$150-\$170/week Men only	
RCA - Steeplechase Apartments:	6225 Father Tribou St, LR, AR 72205 501-372-4611 Costs \$550-\$600/month Men and women who have completed treatment	
Turning Place:	Call 501-414-0176 Costs \$150/week, no deposit required Men only Must be employed	
<h2>Support for Military Personnel & Veterans</h2>		
Veterans Crisis Line:	Call 988 and press 1 or text 838255 24/7 help for veterans in crisis	
Veterans Day Treatment Center:	1000 S Main St, Little Rock, AR 72202 Call 501-244-1900 or 501-257-4499 for more information Provides a range of services to help homeless veterans including health care, case management, substance abuse education, and placement with chem-free housing	
CAVHS John L. McClellan VA Medical Center:	4300 W 7th St, Little Rock, AR 72205 501-257-1000 Veteran at risk for serious withdrawal complications can to the Emergency Department 24 hour access to inpatient hospitalization Medically managed detox Average length of stay 5 - 7 days Provides consult for treatment Visit maketheconnection.net/resources/#va-resources to find more VA resources	
CAVHS Eugene J. Towbin Healthcare Center:	2200 Fort Roots Dr, North Little Rock, AR 72114 501-257-1000 Patients with mild to moderate risk of withdrawal complications can go to Ambulatory Detox, Building 170, Unit 3L for evaluation Walk in access Mon - Fri, 9a - 1p Average length of stay 3 - 5 days Evaluates for longer term programs	