

# CENTRAL ARKANSAS HOMELESS SUPPORT GUIDE

SHELTERS	SPECIAL REQUIREMENTS	SPECIAL REQUIREMENTS											ADDRESS	CONTACT INFORMATION	
		MEN	WOMEN	YOUTH	VETERANS	REENTRY	RECOVERY	DOMESTIC VIOLENCE	DAY SHELTER	EMERGENCY	LONG TERM				
<b>Abba House</b>	Women and girls or boys up to the age of 5		●	●								●		1014 S Oak St	501-663-3596
<b>Compassion Center</b>	Beds are first come, first served; must be physically and mentally able	●	●	●	●			●	●			●		Women: 4210 Asher Ave Men: 3618 W Roosevelt Rd	501-296-9114 lrcompassioncenter.org
<b>Family Promise</b> <small>(under construction, call for updates)</small>	Serving households with minors; recovery with a negative drug test	●	●	●	●			●	●					222 E 8th St	501-372-0733 familypromisepc.org
<b>Gaines House</b>	Must have a mental health diagnosis or physical disability		●	●				●	●			●		1702 Gaines St	501-376-4015 thegaineshouse.org
<b>GYST House, Inc.</b>	Chemical free; self pay fees	●	●	●				●	●			●		8101 Frenchmans Ln	501-568-1682 gysthouseinc.com
<b>Immerse Arkansas</b>	Serves youth 18 - 24 who work or are in school; youth 14+ can use day center	●	●	●				●	●			●		5300 Asher Ave	501-404-9890 immersearkansas.org
<b>Lucie's Place Drop In Center</b>	Essential services fo LGBTQ+ ages 18 - 25											●		307 W 7th St; Mon - Fri, 11a - 5p	501-508-5005 luciesplace.org
<b>Our House</b>	Must be willing and able to work; Career Center open to community	●	●	●	●	●	●	●	●			●	●	302 E Roosevelt Rd	501-374-7383 ourhouseshelter.org
<b>Salvation Army</b>	Shelter for women & families; community meals available		●	●					●			●	●	1111 W Markham St	501-374-9296 salvationarmyusa.org
<b>St. Francis House</b>	For veterans; long-term available	●	●	●	●	●	●	●	●			●		2701 S Elm Street	501-664-5036 stfranchishouselr.org
<b>Women &amp; Children First</b>	Can work with fathers and their children as well	●	●	●	●	●	●	●	●			●		Call for more information wcfarkansas.org	Office: 501-376-3219 Victims: 800-332-4443
<b>Substance Abuse &amp; Mental Health</b>		<b>Homeless Outreach</b>				<b>Homeless Support</b>				<b>Day Centers</b>					
<b>The Centers</b>   501-664-4308   thecentersar.com		<b>The Van</b>   501-955-3444 Support for homeless camps & the unsheltered				<b>People Trust</b> 501-404-4857 Emergency housing assistance				<b>Jericho Way</b>   501-916-9859 3000 Springer Blvd Mon - Fri, 7:30a - 2:30p					
<b>Harbor House Inc.</b>   501-690-1547 / 479-806-0469   recoveryhhi.org		<b>Canvas Community</b> 501-351-1531   1111 W 7th St Faith based org serving people in need				<b>River City Ministry</b> 501-376-6694 1021 E Washington Ave				<b>Our House Career Center</b> 501-374-7383   302 E Roosevelt Mon/Wed/Th 8a - 4:30p, Tues 8a - 7p, Fri 8a - 12p					
<b>Recovery Centers of AR</b>   501-372-4611   rcofa.org										<b>VA Day Treatment Center</b> 501-244-1900   1000 S Main St Mon - Fri, 7:30a - 2p					
<b>Wolfe Street Foundation</b>   501-372-5662   wolfestreet.org										<b>River City Ministry</b> 501-376-6694 1021 E Washington Ave Mon - Fri, 8a - 2:30p					
<b>Additional Resources</b>															
<b>Our House Stability Program   Reentry Program</b> 501-374-7383   302 E Roosevelt Rd (Our House) The Stability Program serves homeless & near-homeless families with children in the household for a year commitment   The Reentry Program provides services to individuals with barriers from criminal involvement				<b>Better Community Development</b> 501-663-3129 3604 W 12th St Programs and substance abuse treatment for low income and at-risk individuals				<b>Arkansas Food Bank</b> 501-565-8121 Distribution center, call for more information Mon - Fri, 8a - 5p				<b>Goodwill Industries of AR</b> 501-372-5100 7400 Scott Hamilton Dr Adult education, job training, and employment			
<b>Partners Against Human Trafficking (PATH)</b> 501-993-1641   Victims call 501-301-4357 Day center, emergency transport, and referrals for aged 18+ rescued victims/survivors of sex trafficking, sexual assault, and prostitution				<b>Free Will Baptist Ministries</b> 501-663-3129 3600 W 11th St Serving ages 13 - 17 in the custody of DHS/DCFS				<b>Potluck Food Rescue</b> 501-371-0303 621 W Broadway St Saving good food from being wasted				<b>Safe Harbor</b>   501-374-5399 4800 Springer Blvd Recovery support, housing, job placement, and education			
<b>Union Rescue Mission</b>   501-374-4022   <b>Dorcas House (women):</b> 823 S Park St   <b>Nehemiah House (men):</b> 2921 Springer Blvd Faith based organization with 6 - 12 month domestic violence and recovery programs															
Every effort is made to ensure accuracy to this guide. Please visit <a href="http://ourhouseshelter.org/resources">ourhouseshelter.org/resources</a> for more information. <b>Updated Jan 2024</b>															



PROVIDER	ACCEPTED INSURANCE									ADMISSIONS	ADDITIONAL INFORMATION	CONTACT INFORMATION
		ADULTS	YOUTH	CHILDREN	INPATIENT	OUTPATIENT	DAY TREATMENT	RESIDENTIAL	SCHOOL BASED			
<b>Arkansas State Hospital</b> 305 S Palm St	Most insurance, Medicare, Medicaid	●	●	●	●				●	Referral from a Community Mental Health Center	State-operated Inpatient Hospital; Residential for ages 18-20	501-686-9000 (main)
<b>Baptist Health Behavioral Clinic</b> 11321 Mabelvale West #304	Most insurance, no Medicaid	●				●				Call to schedule; additional NLR location	Comprehensive counseling services	501-487-6010 (main)
<b>Behavioral Health Services of AR</b> 10 Corporate Hill Dr #330	Most insurance & Medicaid	●	●	●		●			●	Complete online forms at bhsarkansas.org	Formerly Youth Home; residential is for youth only	501-954-7470 (main) 501-413-9949 (emergency)
<b>Centers for Youth &amp; Families</b> 1521 Merrill Dr Suite E200	Most insurance & Medicaid	●				●	●			Outpatient Counseling Center w/ same day access	Can work with clients who do not have insurance	501-666-8686 (main) 888-868-0023 (toll-free)
<b>Centers for Youth &amp; Families</b> 6601 W 12th St	Most insurance & Medicaid	●		●		●	●		●	Call for admissions	Day treatment available	501-666-8686 (main) 888-868-0023 (toll-free)
<b>Chenal Family Therapy of LR</b> 10800 Financial Center Pwky #290	Medicare, Medicaid, Most insurance	●	●	●		●				ID, SS Card, insurance card, proof of income required	Medicaid accepted at NLR location (2504 McCain Blvd)	501-781-2230 (main)
<b>CHI St. Vincent Behavioral Health</b> 2 St. Vincent Cir	Most insurance, Medicare, Medicaid	●			●					Visit hospital or local emergency room for screening	Outpatient currently closed	888-552-5777 (inpatient)
<b>Families, Inc. of Jacksonville</b> 2126 N 1st St Suite F, Jacksonville	Medicaid & Private	●	●	●		●			●	Must be referred by Primary Care Physician or school	Outpatient program	501-982-5000 (main) 877-595-8869 (toll-free)
<b>Inspiration Day Treatment</b> 11700 Kanis Rd #2	Medicare or Medicaid only	●					●			Medicare & Medicaid users must provide card	Day & evening treatment programs available	501-221-1941 (main)
<b>JCCSI: Open Hands Clinic</b> 3000 Springer Blvd Suite B	Most insurance, Medicare, Medicaid	●				●				Healthcare for the Homeless	Additional locations on University and in NLR	501-244-2121 (main) 870-543-2380
<b>Life Strategies Counseling Inc.</b> 1719 Merrill Dr	Most insurance, Medicare, Medicaid	●	●	●		●			●	Call 866-972-1268 for an appointment	Emergency services available 24/7 at 855-295-1127	501-663-2199 (main)
<b>Living Hope Southwest</b> 10025 Markham St #210	Medicare, Medicaid, Private Insurance	●	●	●		●			●	Call 501-663-5473 for an appointment	Crisis line available	501-663-5473 (main) 866-544-5473 (24/7)
<b>Methodist Family Health</b> 1600 Aldersgate Rd #200	Most insurance, Medicaid, ARKids	●	●	●	●	●			●	Call 501-803-3388 for an appointment	Day treatment schools for children	501-661-0720 (main) 866-813-3388 (toll-free)
Professional Counseling Assoc. 4354 Stockton Dr, NLR	Medicare, Medicaid, Sliding Fee	●				●				Call for admissions; at-risk youth program available	Emergency services and satellite offices available	501-955-7600 (main) 800-592-9503 (crisis)
<b>Pulaski Co. Crisis Stabilization</b> 3001 W Roosevelt Rd	N/A	●			●					Call 501-340-6646 for admissions	Alternative to law enforcement. Must volunteer for treatment.	501-340-6646 (main)
<b>Rivendell Behavioral Health</b> 100 Rivendell Dr, Benton	Most private insurance & Medicare	●	●	●	●	●				Referrals from individual, family, or professional	Free assessments offered 24/7	501-316-1255 (main) 800-264-5640 (toll free)
<b>The Bridgeway</b> 21 Bridgeway Rd, NLR	Most insurance, Medicare, ARKids	●	●	●	●	●			●	No cost assessments on site or mobile 24/7	Offers senior care, partial hospitalization, and ECT	501-771-1500 (main) 800-245-0011 (crisis line)
<b>Pinnacle Pointe</b> 11501 Financial Center Pwky	All insurance	●	●	●	●	●	●		●	Assessment before admission into the program	Outpatient services at 400 Hardin Rd #150	501-223-3322 (main) 800-800-3322 (toll-free)
<b>UAMS Psychiatric Research</b> 4224 Shuffield Dr	Most insurance, Medicare, Medicaid	●	●	●	●	●			●	More info on next page	More info on next page	501-526-8100 (main)
<b>Woodland International Research</b> 910 Autumn Rd	N/A	●	●	●	●					Call to enroll in study	Paid psych research studies; free transportation if needed	501-221-8681 (main)



PROVIDER	CONTACT INFORMATION	OUR HOUSE RESOURCES
<b>Suicide Prevention, Crisis Lines &amp; Support Groups</b>		
<b>National Emergency Number:</b>	Please dial 911 if you are in immediate danger	
<b>Crisis Text Line:</b>	Text HOME to 741741 for free, 24/7 support   Serves anyone, in any type of crisis	<p style="text-align: center;"><b>AVAILABLE CLASSES</b></p> <p>Our House has a rotating monthly schedule of classes that are offered pertaining to mental health, wellness, job training, recovery, and more.</p> <p>View a schedule of our current classes at <a href="http://ourhouseshelter.org/careercentercalendar">ourhouseshelter.org/careercentercalendar</a></p> <p style="text-align: center;"><b>CONTACT INFORMATION</b></p> <p style="text-align: center;">302 E Roosevelt Rd, LR, AR 72206</p> <p>To learn more and enroll, attend a Career Center orientation by calling (501) 291-0584</p>
<b>National Suicide Prevention</b>	Provides 24/7, free, confidential support for people in distress & prevention resources   Call 988 (English and en Espanol)   For Deaf & Hard of Hearing, visit 988lifeline.org	
<b>P.A.T.H. Human Trafficking Crisis Helpline:</b>	Call 501-301-4357 or 1-888-373-7888	
<b>National Alliance on Mental Illness (NAMI):</b>	Visit <a href="http://namiarkansas.org">namiarkansas.org</a> for more information about support groups in Little Rock   800-844-0381	
<b>LGBTQ+ Support</b>		
<b>Trans Lifeline:</b>	Call 877-565-8860   24/7 service run by trans people for trans & questioning callers	
<b>InTRANSitive:</b>	Educates and celebrates the Trans Community in Arkansas   @intransitive.AR on Facebook or <a href="http://intransitive.org">intransitive.org</a>	
<b>Lucie's Place:</b>	307 W 7th St, Little Rock, AR 72201   501-508-5005   Arkansas' only LGBTQ+ specific shelter   Drop in center available	
<b>AR Transgender Equality Coalition (ARTEC):</b>	Resources for transgender and gender non-conforming persons   Visit <a href="http://itgetsbetter.org">itgetsbetter.org</a>	
<b>The Trevor Project:</b>	Crisis intervention & suicide prevention for LGBTQ+ youth   Call 866-488-7386 for the 24/7 Trevor Lifeline   Chat online at <a href="http://thetrevorproject.org">thetrevorproject.org</a> or text START to 678678 (Mon - Fri, 2 - 9p)	
<b>UAMS Psychiatric Research Institute</b>		
<b>STRIVE:</b>	School based program providing therapy & medication management   Call 501-771-8261 for an appt.	
<b>Child Diagnostic Unit:</b>	The only inpatient program in the state that offers psychological, medical, psychiatric, language, life skills, and motor assessment for children (ages 2 - 12)   Call 501-526-8502 for more information	
<b>Walker Family Clinic:</b>	Adult psychiatric evaluation, medication management, neuropsychological testing, as well as psychotherapy for individuals and families   Call 501-526-8200 to schedule an appointment	
<b>5 North:</b>	Inpatient unit for female patients   Staff available 24/7   Services include expanded visitation, accommodation for new mothers, and holistic healing   Call 501-526-8100 for more information	
<b>Child Study Center (Arkansas Children's Hospital):</b>	Outpatient program providing consultation, assessment, and management for those with psychiatric conditions   Call 501-364-5150 for more information	
<b>Support for Military Personnel &amp; Veterans</b>		
<b>Veterans Day Treatment Center:</b>	1000 S Main St, Little Rock, AR 72202   Call 501-244-1900 for more information	<p>This guide is meant to provide information for low-income and under-insured individuals about mental health resources in the Little Rock metropolitan area. Every effort is made to ensure accuracy, but this information may change. For more information or to request changes, visit <a href="http://ourhouseshelter.org/resources">ourhouseshelter.org/resources</a>. Please visit <a href="http://findtreatment.samhsa.gov">findtreatment.samhsa.gov</a> for a directory of mental health resources nationwide.</p> <p style="text-align: center;"><b>Updated November 2023</b></p>
<b>Veterans Crisis Line:</b>	Call 988 and press 1 or text 838255   24/7 help for veterans in crisis	
<b>CAVHS Eugene J. Towbin Healthcare Center:</b>	2200 Ft. Roots Dr, NLR, AR 72114   501-257-1000   Services offered include acute inpatient, dual diagnosis, serious MH illness and geri-psych, MH intensive case management, primary care MH integration, PTSD clinical team, military sexual trauma recovery, MH residential rehab   Visit <a href="http://maketheconnection.net/resources/#va-resources">maketheconnection.net/resources/#va-resources</a> to find more VA resources	
<b>CAVHS John L. McClellan VA Medical Center:</b>	4300 W 7th St, LR, AR 72205   501-257-1000   Services offered include women's veteran program, evaluations and referrals for mental health issues, post deployment adjustment, anger management, sexual trauma, elder abuse, parenting issues, family stressors, care coordination	



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<b>CAVHS John L. McClellan VA Medical Center:</b>	4300 W 7th St, LR, AR 72205   501-257-1000   Services offered include women's veteran program, evaluations and referrals for mental health issues, post deployment adjustment, anger management, sexual trauma, elder abuse, parenting issues, family stressors, care coordination	
		<p align="center"><b>CONTACT INFORMATION</b></p> <p align="center">302 E Roosevelt Rd, LR, AR 72206</p> <p>To learn more and enroll, attend a Career Center orientation by calling (501) 291-0584</p> <p>This guide is meant to provide information for low-income and under-insured individuals about mental health resources in the Little Rock metropolitan area. Every effort is made to ensure accuracy, but this information may change. For more information or to request changes, visit <a href="http://ourhouseshelter.org/resources">ourhouseshelter.org/resources</a>. Please visit <a href="http://findtreatment.samhsa.gov">findtreatment.samhsa.gov</a> for a directory of mental health resources nationwide.</p> <p align="center"><b>Updated November 2023</b></p>



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<b>Baptist Health Recover</b> 9501 Baptist Health Dr	Most insurance, Medicare, Medicaid	●	●			●	●	Free assessment, bring photo ID & insurance card	Detox from opiate, benzodiazepine, alcohol; \$5,500 if out of pocket	501-202-2893 (main)
<b>BCD: Hoover Treatment Center</b> 3604 W 12th St	Ambetter; BCBS; Payment plans available	●	●		●	●	●	Apply at: bcdinc.org	8-week outpatient: \$1,600 30-day residential: \$3,500	501-663-4774 (main)
<b>Behavioral Health Group</b> 4260 Stockton Dr Ste A, NLR	All insurance; sliding scale for self pay	●	●				●	Schedule a consult at: bhgrecovery.com/inquiry-form/	Outpatient opioid treatment; \$90/wk if no insurance, \$300 first visit	501-916-9129 (main)
<b>Behavioral Health Services of AR</b> 10 Corporate Hill Dr #330	Most insurances; Sliding scale	●	●		●		●	Call for admissions	ID required	501-954-7470 (main)
<b>Bradford Health Services</b> 2 St Vincent Cir, Unit INW	Most insurance, self-pay	●	●		●	●	●	Call for admissions	Inpatient rehab & extended care available; family program offered	501-725-8000 (main) 800-333-1865 (toll-free)
<b>Family Service Agency</b> 628 W Broadway St #300, NLR	Self-pay, Medicaid	●	●	●			●	Call for admissions; provides services to youth and adults	ID required	501-372-4242 (main)
<b>Gyst House</b> 8101 Frenchmans Ln	Cash or check	●	●		●	●	●	Call for admissions	Outpatient services available	501-568-1682 (main)
<b>Harbor House</b> 3700 W 65th St	Most insurance	●	●		●	●	●	Call Mon - Fri, 8a - 5p to speak with admissions	Services for pregnant women	479-785-4083 (main) 855-631-4648 (toll-free)
<b>Life Forward Counseling</b> 1100 N University Ave #108	Most insurance, Self-pay	●	●	●			●	Call or drop by to schedule an appointment	Self pay rates vary, some pro-bono services are offered	501-747-2300 (main)
<b>Methodist Family Health: AR Cares</b> 2002 S Filmore St	Most insurance, Medicaid, ARKids	●	●		●			Call 501-803-3388 for admissions	Program for pregnant women, moms with kids	501-661-0720 (main)
<b>Natural State Recovery Centers</b> 10025 Oakland Dr, North Little Rock	Most insurance, Ambetter, BCBS	●	●		●	●	●	Apply online at naturalstatererecovery.com	ID required; Outpatient at 3600 Cantrell Rd #303	501-319-7074 (main)
<b>Oasis Renewal Center</b> 14913 Cooper Orbit Rd	Most insurance	●	●		●	●	●	Apply online at: oasisrenewalcenter.com	ID required	501-376-2747 (main)
<b>Quality Living Center</b> 3925 Asher Ave	Ambetter, BCBS, private, self-pay	●	●		●			Take a prescreen at: qualitylivingcentertreatment.net	Transitional living option; payment assistance available	501-663-3490 (main)
<b>RCA - Riverbend</b> 1201 River Rd, North Little Rock	Private pay & payment plans	●	●		●			Apply online at rcofa.org	ID required; discount on service fees with proof of income	501-372-4611 (main)
<b>RCA - Williamsburg</b> 6301 Father Tribou St	None; state funded or self pay	●					●	Apply online at rcofa.org; \$150 - \$170/week all inclusive	Outpatient program and chem free transitional housing	501-372-4611 (main)
<b>Rivendell Behavioral Health</b> 100 Rivendell Dr, Benton	Most insurance, Medicare, TRICARE	●	●	●	●	●	●	For 24/7 assessments, call 888-581-5091	Adult dual diagnosis program	501-316-1255 (main)
<b>Serenity Park</b> 2711 W Roosevelt Rd	Most insurance	●			●	●	●	Call or apply online at serenityparkrecovery.com	Medically assisted detox, residential rehab available	501-313-0066 (main)
<b>The Bridgeway</b> 21 Bridgeway Rd, North Little Rock	Most insurance, TRICARE	●	●			●	●	Call for admissions; 24/7 assessments offered	Medical detox available; partial hospitalization program	501-771-1500 (main) 800-245-0011 (toll-free)
<b>UAMS Center for Addiction</b> 4224 Shuffield Dr	Medicare, Medicaid, most insurance	●	●			●	●	Call for admissions	Methadone - Medicare/Medicaid only; Suboxone - most insurance	501-526-8100 (main) 501-526-8400 (clinic)
<b>Union Rescue Mission</b> 823 S Park St   2921 Springer Blvd	\$75 - \$80 initial entrance fee	●	●		●	●		Dorcas House (women) - Park Nehemiah House (men) - Springer	9 - 12 month drug & alcohol program, no narcotics	501-374-4022 (main)



**PROVIDER**
**CONTACT INFORMATION**
**OUR HOUSE RESOURCES**
**12 Step Recovery Support Groups**

<b>Alcoholics Anonymous Central Office:</b>	7509 Cantrell Rd #106, Little Rock, AR 72207   Call 501-664-7303 (hotline) or 501-664-6042 (business) for 24/7 assistance or visit <a href="http://arkansascentraloffice.org">arkansascentraloffice.org</a>
<b>AIAnon &amp; Alateen</b>	Visit <a href="http://arkansasalanon.org">arkansasalanon.org</a> or 1-888-425-2666 to find a meeting for youth and friends/family
<b>Celebrate Recovery at Metro Worship Center:</b>	2914 S Cumberland St, Little Rock, AR 72206   Call 501-951-1333 or <a href="http://metroworshipcenter.com">metroworshipcenter.com</a>
<b>Cocaine Anonymous:</b>	3921 Asher Ave, Little Rock, AR 72205   Call 501-301-4827 or <a href="http://caarkansas.org">caarkansas.org</a> for more information
<b>Friends of Recovery Foundation, Inc:</b>	1305 W Markham St, Little Rock, AR 72201   Call 501-703-6470 for assistance or visit <a href="http://recoverycentral.info">recoverycentral.info</a> to find a meeting
<b>The Kelly Foundation:</b>	2500 Broadway St, Little Rock, AR 72204   Call 501-663-6553 for more information
<b>Wolfe Street Foundation:</b>	1015 S Louisiana St, Little Rock, AR 72202   Call 501-372-5662 or <a href="http://wolfestreet.org/meetings">wolfestreet.org/meetings</a>

**Harm Reduction & Chem Free Housing**

<b>Central Arkansas Harm Reduction Project:</b>	Serves people who use drugs & people who are sex workers   Provides free Narcan, condoms, fentanyl test strips, 1-minute HIV tests   Call or text 501-438-9158
<b>RCA - The Cottage at Sibley Hole:</b>	9219 Sibley Hole Rd, LR, AR 72209   Call 501-372-4611   Costs \$125/week   Women only
<b>RCA - Williamsburg:</b>	6301 Father Tribou St, LR, AR 72205   501-372-4611   Costs \$150-\$170/week   Men only
<b>RCA - Steeplechase Apartments:</b>	6225 Father Tribou St, LR, AR 72205   501-372-4611   Costs \$550-\$600/month   Men and women who have completed treatment
<b>Turning Place:</b>	Call 501-414-0176   Costs \$150/week, no deposit required   Men only   Must be employed

**Support for Military Personnel & Veterans**

<b>Veterans Crisis Line:</b>	Call 988 and press 1 or text 838255   24/7 help for veterans in crisis
<b>Veterans Day Treatment Center:</b>	1000 S Main St, Little Rock, AR 72202   Call 501-244-1900 for more information   Provides a range of services to help homeless veterans including health care, case management, substance abuse education, and placement with chem-free housing
<b>CAVHS John L. McClellan VA Medical Center:</b>	4300 W 7th St, Little Rock, AR 72205   501-257-1000   Veteran at risk for serious withdrawal complications can to the Emergency Department   24 hour access to inpatient hospitalization   Medically managed detox   Average length of stay 5 - 7 days   Provides consult for treatment   Visit <a href="http://maketheconnection.net/resources/#va-resources">maketheconnection.net/resources/#va-resources</a> to find more VA resources
<b>CAVHS Eugene J. Towbin Healthcare Center:</b>	2200 Fort Roots Dr, North Little Rock, AR 72114   501-257-1000   Patients with mild to moderate risk of withdrawal complications can go to Ambulatory Detox, Building 170, Unit 3L for evaluation   Walk in access Mon - Fri, 9a - 1p   Average length of stay 3 - 5 days   Evaluates for longer term programs

**AVAILABLE CLASSES**

Our House has a rotating monthly schedule of classes that are offered pertaining to mental health, wellness, job training, recovery, and more.

View a schedule of our current classes at [ourhouseshelter.org/careercentercalendar](http://ourhouseshelter.org/careercentercalendar)

**CONTACT INFORMATION**

302 E Roosevelt Rd, LR, AR 72206

To learn more and enroll, attend a Career Center orientation by calling (501) 291-0584

This guide is meant to provide information for low-income and under-insured individuals about substance abuse recovery resources in the Little Rock metropolitan area. Every effort is made to ensure accuracy, but this information may change. For more information or to request changes, visit [ourhouseshelter.org/resources](http://ourhouseshelter.org/resources). Please visit [findtreatment.samhsa.gov](http://findtreatment.samhsa.gov) for a directory of substance abuse and mental health resources nationwide.

**Updated November 2023**