



# plastic free july checklist

- Pick up and dispose of litter
- Use your own reusable mug
- Take reusable bags to the grocery store
- Bring your own to-go container
- Show off your reusable water bottle!
- Use a reusable straw
- Go second-hand shopping
- Purchase a Plastic Free (PF) item at the grocery store
- Refuse a straw, lid, or single-use item
- Recycle something at the Green Station
- Visit the Green Corner Store at 1423 Main Street
- Follow the Little Rock Sustainability Office, Little Rock Zoo, and the Green Corner Store on social media
- Show us your PF alternative to a zip bag
- Watch a documentary or listen to a podcast about plastic pollution
- Read an article or book about plastic pollution
- Share our PF posts on social media, and tag us!
- Learn how you can help the Little Rock Zoo's conservation programs
- Shop produce without plastic
- Clean up litter at a City park
- Mend or repair something (instead of buying new)
- Pack a PF lunch
- Share your plastic free experience with someone
- Choose a can over a plastic bottle
- Say no to to-go condiments and plastic utensils
- Share your own Plastic Free (PF) hack!

