



Open Gym Schedule

FITNESS FOR ALL

BASKETBALL

Monday-Thursday 12:00 pm to 5:00 pm

Friday 12:00 pm to 9:00 pm

Saturday 1:00 pm to 6:00 pm

BADMINTON

Monday: Whole Court 6:00 pm to 8:30 pm

Thursday: Half Court 6:00 pm to 8:30 pm

TABLE TENNIS

Saturday: Half Court 10:00 am to 1:00 pm

PICKLEBALL

Monday 8:00 am to 10:00 am

Tuesday & Thursday 8:00 am to 12:00 pm

Tuesday: Half Court 6:00 pm to 8:00 pm

Saturday: Half Court 8:00 am to 10:00 pm



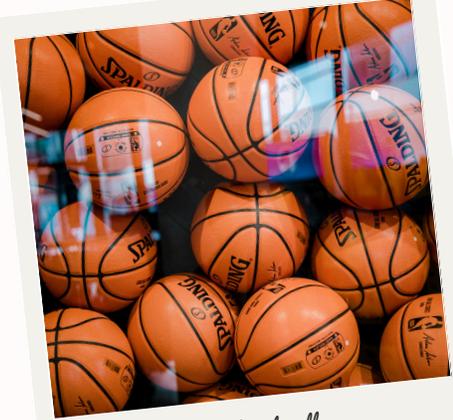
WWW.FACEBOOK.COM/NEWJDFAC

Address

300 S. Monroe Little Rock, AR 72205

Phone

501-664-6976



Basketball



Badminton



Table Tennis



PickleBall

